FLIP IT! Overview and Four Steps Strategy - (FULL DAY - 6.5 hours)
FLIP IT is a four-step behavior strategy rooted in developing emotional awareness in order to increase emotional control. This strategy works to reduce challenging behaviors in children ages 3-8. FLIP IT can be used with multiple children at the same time during minor challenges throughout a day or used as a targeted intervention that can support the emotional growth of a child displaying specific behavior concerns.

The Opioid Crisis: The Effects on Young Children and Their Families!
A wave of young children now entering early childhood programs pose special problems because they were exposed directly to opiates before birth. Many others have been indirectly affected by the opioid crisis, with the impact on young children’s development and behavior being detrimental. This presentation focuses on the latest research on opioid-exposed young children and the use of practical intervention strategies that can be effectively implemented on them. We will also discuss strategies to combat the psychological trauma found in the families associated with addiction.

Ohio Department of Education’s Strategic Plan and Early Childhood Education: Each Child, Our Future
Each Child, Our Future aims to ensure every child is challenged, prepared and empowered to become a resilient, lifelong learner who contributes to society. Ohio’s five-year strategic plan for education. Co-designed over the last year by parents, educators, employers, philanthropic leaders, policymakers and students, the plan seeks to lift aspirations, guide development of state-level policies and promote quality education practices across the state. By meeting the needs of the whole child, we’re giving children tools for success that will last far beyond their years in Ohio’s preK-12 education system.

Exploration and Play: Why These Superfoods Should Dominate PreK-3 Curricula
Exploration and play are two of education's superfoods, but they are getting squeezed out of classrooms to make time for less-nourishing academic instruction. We'll learn the research and reasons why exploration and play are so beneficial and how to better advocate for making them central to PK-3 curricula.

Inclusion in the Classroom: How Can English Language Learners be Supported and Included in an Inclusive Classroom?
With an increasingly high rate of diverse learners entering the classroom setting, it has become more of a challenge for educators to create an environment that will include diverse learners. Despite the extent of the challenge of creating an all-inclusive environment, all diverse children deserve a meaningful, purposeful education and deserve to be included with their peers. This session will explore and explain the importance of inclusion, in addition to strategies/methods to incorporate in your classroom to establish an all-inclusive environment for English Language Learners.
Thursday April 25th 10:45 AM - 11:45 AM

KEYNOTE Building Your Bounce: 23 Questions That Can Change the Way You Look At Life!
Building Your Bounce is a keynote designed to meet you where you are and take you to a place of greater strength, determination, and resiliency. Participants are sure to leave this presentation with energy, enthusiasm and a commitment to make a few positive changes in their lives that will lead to greater happiness and fulfillment that will undoubtedly resonate in the work they do every day with children and families. This presentation will emphasize how important it is that adults take care of themselves and promote their social-emotional health; how the social-emotional well-being of adults impacts the children in their care in both positive and negative ways; and specific, simple and inexpensive strategies to reduce stress and promote their social-emotional health.

Thursday, April 25th 1:00 PM - 2:30 PM

Conscious Discipline® - You Can Do It! (Part 1)
The Conscious Discipline® approach provides a transformational, whole-school solution for social-emotional learning, discipline and self-regulation. Learn the steps to beginning successful Conscious Discipline implementation in your classroom as a preschool teacher and Conscious Discipline® Certified Instructor join together to share their practical experience to help you get started in your Conscious Discipline® journey. Discover how to use the latest brain research and resources to help children progress from aggression to calm self-regulation, freeing them to make better choices and empathize with others.

The Heartbeat and Flow of Teaching: Leading with Compassion, Celebrating with Passion, and Connecting with Collaboration! (Part 1)
Leadership development is an essential component of every early childhood professional. Early childhood professionals should take time to reinvent, energize, excel, and preserve in their professional roles. Empowering early childhood leaders with a clear vision that provides focus and encourages cooperation are needed today for all children and families! Explore effective ways to format your personal leadership style by discovering the power of flow and investigating attributes that create flow and passion into the heartbeat of teaching. This interactive workshop is designed to discover the compassionate leader in you, investigate your passions and leadership dispositions for teaching, and identify the power of team work and communication skills for effective collaboration.

Where the Boys Are Version 2.0 (Part 1)
This training explores the possibility that boys have different needs in the classroom than girls. Many of those differences can be related to the way that the different genders are socialized, as well as, differences in brain structure. Based on these differences and the fact that boys seem to be falling behind girls academically, teachers are asked to examine current teaching methods and explore new methods that might be more engaging to males.

Working with Children Who Have Learning Disabilities Can Lead Everyone to F.A.T. City
Have you ever wondered what it feels like to be a child with a learning disability in your classroom? They often feel frustration, anxiety, and tension (F.A.T.) that can manifest into socially unacceptable behaviors in your classroom. Come explore and experience what it can feel like for a child who has a
disability trying to survive in a classroom designed for typically developing children and reflect on what you might do differently to reduce their stress.

**Check Your Face and Other Body Parts at the Door**
Spend this session checking out yourself and how your physical affect and actions may impact the young children you serve. A unique opportunity to reflect on your physical self and how that contributes to building esteem, rapport, and trust in young children.

**Working with Challenging Behaviors: What to Do When Nothing Else Works! (Part 1)**
This dynamic and interactive session will focus on providing participants with knowledge of effective prevention and intervention strategies for children who exhibit challenging behaviors. Its goal is to give early childhood professionals the information and skills they need to cope with challenging behaviors that occur in their program. Through active participatory methods, participants will discover how to implement these practical and effective strategies immediately into their program.

**Thursday, April 25th  3:00 PM -4:30 PM**

**Empathy 101: Increasing your Capacity for Empathy**
Participants will identify and recognize their current levels of compassion and empathy. They will be able to use new knowledge gained regarding empathy and apply that to their personal and professional lives. Participants will leave with a fresh perspective on their job, work and life.

**Measuring Classroom Quality with OCOT: The Ohio Classroom Observation Tool**
What does “quality” look like in the early childhood classroom? What criteria is used to determine developmentally appropriate environment and interactions? In this session, an overview of the Ohio Classroom Observation Tool (OCOT) used in the SUTQ rating process will be provided. A deeper look at the indicators of quality used in the tool and how they are assessed during the onsite visit will be reviewed and discussed. This session will be beneficial for all early childhood program staff regardless of participation in SUTQ.

**The Heartbeat and Flow of Teaching: Leading with Compassion, Celebrating with Passion, and Connecting with Collaboration! (Part 2)**
Leadership development is an essential component of every early childhood professional. Early childhood professionals should take time to reinvent, energize, excel, and preserve in their professional roles. Empowering early childhood leaders with a clear vision that provides focus and encourages cooperation are needed today for all children and families! Explore effective ways to format your personal leadership style by discovering the power of flow and investigating attributes that create flow and passion into the heartbeat of teaching. This interactive workshop is designed to discover the compassionate leader in you, investigate your passions and leadership dispositions for teaching, and identify the power of team work and communication skills for effective collaboration.

**Conscious Discipline®- You Can Do It! (Part 2)**
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**Communication Skills for Challenging Conversations: An Overview**
This session will provide an overview of NAEYC’s 5 Modules on Communication Skills for Challenging Conversations: principles of family centered care, communication skills and strategies, setting limits, when a teacher has a concern and when a parent has a concern. Effective approaches to conducting difficult conversations will be discussed and skills and tips for building confidence when navigating these conversations will be provided. Participants will leave empowered to establish and maintain partnerships with families they serve.

**Working with Challenging Behaviors: What to Do When Nothing Else Works! (Part 2)**
This dynamic and interactive session will focus on providing participants with knowledge of effective prevention and intervention strategies for children who exhibit challenging behaviors. Its goal is to give early childhood professionals the information and skills they need to cope with challenging behaviors that occur in their program. Through active participatory methods, participants will discover how to implement these practical and effective strategies immediately into their program.

**Thursday, April 25th 3:00 PM -5:00 PM**

**Teaching Consent to Young Children (2 hours)**
In an age of frequent assault allegations and abuse statistics, how do we raise children to understand, set, and respect personal boundaries? How can we take preemptive steps to protect children from abuse? Families and caregivers send daily messages about consent without realizing it, and we can help them be intentional with words and actions. We will discuss consent and developmentally appropriate practice, using breakout group discussion and role-play.

**Thursday, April 25th 5:00 PM -6:30 PM**

**Celebrate Today, Today: Still Teaching in the Key of Life!**
Join Vincent and Mimi for a total participation session that pairs music with age-appropriate activities and simplified signs to introduce shared community values to children and the professionals who teach them. Songs which convey values should be engaging and fun, but they should also be purposeful:
showing young learners the connection between music and participation in social groups both in and outside of the classroom. Movements and simplified ASL-based signs accompany every song, along with an active discussion of the values within.