Thursday April 23rd – Guidance & Challenging Behavior Sessions

7:30 AM - 10:30 AM, 1:00 – 2:30 & 3:00 – 5:00
FLIP IT! Overview and Four Steps Strategy 6.5 hours (Full Day)
FLIP IT is a four-step behavior strategy rooted in developing emotional awareness in order to increase emotional control. This strategy works to reduce challenging behaviors in children ages 3-8. FLIP IT can be used with multiple children at the same time during minor challenges throughout a day or used as a targeted intervention that can support the emotional growth of a child displaying specific behavior concerns.

8:30 AM - 10:00 AM
Supporting Children Who Color Outside of the Lines
How do we ignite Children’s Creativity? This presentation will discuss what discourages children from being creative and identify practices that support environmental and curriculum ingredients to nurture creative development.

3:00 PM – 4:30 PM
Creating A Climate of Composure: Using the Five Steps of Self-Regulations and the Safe Place (Conscious Discipline©)
This session will help participants identify brain states, triggers and how to help children self-regulate using the five steps of self-regulation (I Feel, I Calm, I Choose, I Connect, I Solve) and the Safe Place. Leave with a plan to use these strategies in your classroom, with parents and coworkers.

Friday April 24th – Guidance & Challenging Behavior Sessions

8:30 AM - 10:00 AM
Conscious Discipline©- The Basics
Need help with classroom management and teaching children the social-emotional skills they are missing? This is an introduction session on the Conscious Discipline classroom model. Learn the Conscious Discipline Brain State Model and how to become aware of children’s brain states and reasons behind their behaviors.

Do We Only Want Happy Children? Helping Children Develop Anger Releases
Anger often is discouraged. This session will assist participants in the development of positive ways for children to express their anger. Take back effective strategies that encourages children to express all feelings in positive ways.

1:00 PM - 2:30 PM & 3:00 PM – 4:30 PM
Conscious Discipline©- In Action 3 hours (Part 1 & 2)
This session is for educators who are beginning to or have been implementing Conscious Discipline into
their personal lives and classrooms. A variety of Conscious Discipline techniques will be discussed as well as implementation techniques including the Brain State Model and the Seven Powers.

**Supporting Children Who Take Us to the End of Our Rope!**
Challenging behaviors of children are often the most common discussions that occur between educators in early childhood settings. Are you an adult who is working with a child who takes you to the end of your rope? If you are, this session is for you. You will increase your awareness of why challenging behaviors occur and specific strategies that will assist in preventing these behaviors. Discover how to develop self-control in children who seem to need POWER.

**3:00 PM – 4:30 PM**

"Creating The World You Want To Live In"- The Importance of Creating a School Family through the Use of 7 Skills, Powers and Structures!
During this session participants will be introduced to the social-emotional curriculum of Conscious Discipline© using the seven brain smart skills, powers and structures.

**How to Create Inclusive Environments for All Students: Teaching Self-Regulation Strategies and Using Effective Communication to Reduce Power Struggles in the Classroom**
Participants will gain practical, hands-on methods to create inclusive environments that reach all children in their classroom. Take back strategies that utilize effective communication and promote self-regulation to reduce power struggles.

**Saturday April 25th – Guidance & Challenging Behavior Sessions**

**8:30 AM - 10:00 AM**

**Conscious Discipline©- The Basics**
Need help with classroom management and teaching children the social-emotional skills they are missing? This is an introduction session on the Conscious Discipline classroom model. Learn the Conscious Discipline Brain State Model and how to become aware of children’s brain states and reasons behind their behaviors.

**Creating A Trauma Sensitive Preschool Environment**
In this session attendees will gain an understanding of trauma and the effects on preschool brain development. Learn powerful and impactful activities and skills to assist families in bouncing back from traumatic experiences, events, or effects. Leave with strategies to create a trauma sensitive classroom.

**So, is this Problem Solving? - High Scope©**
Conflicts inevitably arise between children in the classroom, and these situations provide excellent learning opportunities to teach conflict resolution and problem solving. This session will help participants understand and recognize children’s different perspectives in conflict situations and use HighScope’s six steps of conflict resolution.
Bunch of Monkeys
Positive strategies for guiding positive behaviors and dealing with challenging behaviors.

PBIS: Easy Ways for Better Days (Supporting Infants and Toddlers)
This session will discuss evidence-based practices needed to prevent challenging behaviors within infant and toddler settings by creating nurturing and responsive relationships between staff and children, supportive environments and embedding social supports within classroom routines. Appropriate strategies to manage infant and toddler behaviors such as biting, stealing toys and tantrums will be examined.

The Psychology Behind Challenging Behaviors (Part 1 & 2)
This unique workshop blends the worlds of psychology and early childhood to help participants understand why children (and adults) behave the way they do. We'll take a deep dive into classroom behavior and look at how the brain develops and influences behavior. We'll address how children develop negative core beliefs, the self-protecting behaviors that develop, and the typical reasons children misbehave. Attendees will walk away with a better understanding of why the children are doing what they are doing as well as insights into their own reactions. Concrete strategies for helping children through challenging behaviors will be provided so that participants feel better equipped to handle the children when they return to the classroom.

The "Art" of Effective Discipline
Effective discipline is truly an art! Creativity and ingenuity are needed to discipline children effectively. This session is designed to give you practical tools of handling classroom disruptions, inappropriate behavior and keeping children focused on the task at hand. It is essential to focus on creating a positive environment and using positive communication techniques. This interactive session provides participants the necessary tools to think creatively and establish an environment where learning is fun and exciting for children.