Ohio Early Childhood Conference | April 25-27 | Sandusky, OH

Thursday April 23rd - Conscious Discipline© Sessions

8:30 AM - 10:00 AM

Conscious Discipline©- The Basics
Need help with classroom management and teaching children the social-emotional skills they are missing? This is an introduction session on the Conscious Discipline classroom model. Learn the Conscious Discipline Brain State Model and how to become aware of children’s brain states and reasons behind their behaviors.

3:00 PM – 4:30 PM

Creating A Climate of Composure: Using the Five Steps of Self-Regulations and the Safe Place (Conscious Discipline©)
This session will help participants identify brain states, triggers and how to help children self-regulate using the five steps of self-regulation (I Feel, I Calm, I Choose, I Connect, I Solve) and the Safe Place. Leave with a plan to use these strategies in your classroom, with parents and coworkers.

Friday April 24th - Conscious Discipline© Sessions

1:00 PM - 2:30 PM & 3:00 PM – 4:30 PM

Conscious Discipline©- In Action 3 hours (Part 1 & 2)
This session is for educators who are beginning to or have been implementing Conscious Discipline into their personal lives and classrooms. A variety of Conscious Discipline techniques will be discussed as well as implementation techniques including the Brain State Model and the Seven Powers.

3:00 PM – 4:30 PM

"Creating The World You Want To Live In"- The Importance of Creating a School Family through the Use of 7 Skills, Powers and Structures!
During this session participants will be introduced to the social-emotional curriculum of Conscious Discipline© using the seven brain smart skills, powers and structures.

Saturday April 25th - Conscious Discipline Sessions

8:30 AM - 10:00 AM

Conscious Discipline©- The Basics
Need help with classroom management and teaching children the social-emotional skills they are missing? This is an introduction session on the Conscious Discipline classroom model. Learn the Conscious Discipline Brain State Model and how to become aware of children’s brain states and reasons behind their behaviors.