

## Ohio Early Childhood Conference | April 25-27 | Sandusky, OH

### Friday April 26<sup>th</sup> Infant & Toddler Sessions

7:45 AM - 5:15 AM

#### **Help! I Don't Know What to Do with Those Kids! Helping Children Who Experienced Trauma (FULL DAY - 6 hours)** Featured Strand

Children who have experienced trauma in their early years will often exhibit behaviors that can challenge and undermine the well-being of the classroom and the self-confidence of even the most well-seasoned classroom teacher. In this interactive full-day session, participants learn how early trauma impacts children's brains; how to handle your own "triggers" when faced with challenging behaviors and practical classroom interventions that help to heal the trauma and thus, change behaviors. This session will be beneficial for programs that are experiencing increased and more severe challenging behaviors in classrooms.

8:30 AM - 10:00 AM

#### **Fight, Flight or Freeze: Examining Challenging Behaviors Through a Trauma Lens**

Every teacher faces challenging behaviors in their classroom but when trauma is a factor, behaviors can seem impossible to support. In this session, challenging behavior will be dissected to determine the function and examined through a traditional behavioral lens before trauma is explored to see how it can impact and exacerbate behaviors in young children. Participants will gain insight on how trauma impacts developing brains, how children display trauma and techniques to use in the classroom to tackle these behaviors. This session will wrap up with a discussion on teacher self-care. We are passionate about the work we do in early childhood, but it can be trying, and we need support as well.

#### **Yogarate: Yoga and Martial Arts for Social Emotional Success**

(Pronounced Yoga-Rah-Tay) Participants will learn to teach children self-regulation with breathing, energy and age appropriate non-contact martial arts. Participants will learn 4 different ways to breathe, a full body dynamic stretching system, self-defense songs and movements, body flowing sun salutations, relaxing meditations and a highly effective behavior management system. NamastAHYAH!

#### **Get Your Motor Running! Fun Physical Activities for Toddlers and Preschoolers**

Infant Toddler Focus

Featured Speaker

Join in cooperative games and use simple equipment to promote motor skill development and increase moderate to vigorous physical activity. Learn how to make inexpensive props for inside and outdoor play. Discover how physical activity enhances brain function and learning. Leave ready to plan and select developmentally appropriate movement activities that promote physical activity throughout the day!

#### **Using Transitions for a Caring & Respectful Early Childhood Learning Community**

Young children are always making transitions—big and small, inner and outer! Transitions are interesting, engaging, and open-ended creative activities within a developmentally appropriate environment. This workshop will explore a variety of transitions early childhood teachers can implement with success throughout their daily routines and activities. By using a variety of transition activities, teachers can give children confidence, and the direction they need for the next activity while providing them with opportunities to develop important social, emotional, cognitive, and physical skills!

**How Do I Answer THAT? Responding to Children’s Questions About Bodies, Reproduction, & Sexuality**

Learn how to stay calm and answer difficult questions effectively. Reflect on the reasons for our discomfort, and how our own questions were answered as children. Practice steps for answering common sexual questions from children, and how to partner with families to do the same.

**Different Is Not Dangerous - A Musical Trip Around the World**

Using simple songs, stories and games with age appropriate applications and variety for learning styles, this workshop provides teachers hands on tools to help children build friendships and a welcoming community. Participants will take back a collection of songs from around the world that emphasize friendship, compassion, and inclusion of people from different backgrounds.

**Make Room for Active Learning!**

Come learn, review and experience HighScope's five ingredients of active learning and discover the importance of each ingredient through hands-on activities, open dialogue, and experience. Come to this session to learn how to enhance lesson planning to advance day-to-day practice and student outcomes. You'll return to your program with a deeper knowledge of the importance of active learning for children and you!

**Laughing the Stress Away**

Teaching science to young learners can be daunting. We will show you how to make teaching science easy. Science areas can be implemented in an early childhood classroom to get students excited about science. Find out how to make your science area an irresistible area to learn and explore. Learn how to include young learners in the science process skills like observing, describing, categorizing, predicting, experimenting, and drawing conclusions. Engage with our facilitator in research-proven classroom activities to increase your confidence, repertoire of tools and content knowledge.

**Creating The World You Want To Live In – The Importance of Creating a School Family Through the Use of 7 Skills, Powers and Structures!**

**Featured Strand**

During this training participants will be introduced to the social/emotional curriculum of Conscious Discipline using the brain smart skills, structures and powers.

Friday April 25<sup>th</sup> 10:45 AM -11:45 AM

**KEYNOTE: What if Today Was Their Only Day?**

Through active and engaging storytelling Lisa brings you back to her first day of school, taking you on a grand tour of Miss Mary’s Nursery School while she shares the sights, sounds and smells of the place where, at the young age of three, she decided to become a teacher. This inspiring keynote gets participants back in touch with their personal how and why of their own decision to become a teacher and encourages them to answer the question: If it WAS their only day, what will they remember?

Friday, April 25th 1:00 PM - 2:30 PM

### **Let Go of the Lasso**

Are you tired of trying to lasso your families to get them involved in the classroom? Research has proven that family engagement is vital to the care and education of children, but what all does family engagement entail? Learn how to implement successful family engagement techniques that will have parents going beyond volunteering for snack time to building authentic relationships with teachers, administration and each other.

### **Oh, Those Little Ones!**

Infant Toddler Focus

Featured Speaker

The latest brain research reminds us of the importance of creating responsive, engaging, stress-free environments, and nowhere is this more important than our infant and toddler rooms! While this session offers hands-on exploration of many activities that are appropriate for your infant and toddler rooms, its main focus is on making sure the adults working with our wee-ones realize that nothing, and we mean NOTHING is more important than creating and nurturing those strong bonds of attachment.

### **Working through Ethical Dilemmas in the Early Childhood Profession (Part 1)**

What are professional ethics and why do we need them? This interactive session will dive into the NAEYC Code of Ethical Conduct and how to utilize it to resolve ethical dilemmas. Participants will discuss the responsibilities of an early childhood educator when navigating ethical issues and the process for making decisions that are respectful and supportive to all involved. Come ready to engage in problem solving dilemmas you face each day.

### **What Happens in Washington Shouldn't Stay There! Public Policy in Action!**

Featured Speaker

*Description coming soon.*

### **Ohio Early Childhood Race and Rural Equity**

Featured Speaker

Attendees will be given a briefing on the Ohio Early Childhood Race and Rural Equity project, funded by the Kellogg Foundation, including an equity data analysis looking at metrics for Ohio children from birth through college and getting a deeper understanding of how child-serving systems are serving, or not serving, all Ohio children.

### **From Here to There: Transitions Everywhere**

This session will look at how transitions and transition activities serve as learning opportunities in the classroom. Participants will analyze, and role play common transition times throughout the daily schedule and develop strategies for making them smoother and developmentally appropriate. Take back ideas to create transition rings for your classroom.

### **Using GOLD® Data to Improve Outcomes for Children and Families**

Featured Strand

The practice of using GOLD® data to inform planning, caregiving, instruction, professional development, and teacher reflection is not isolated to any one age-group or grade. Rather, it is vital that teachers in all settings understand how to collect quality data, interpret that information accurately, and then use it to plan routines, experiences, instruction, and the learning environment.

Friday, April 25th 3:00 PM - 4:30 PM

### **Promoting Healthy Sexual Development in Young Children: Tools to Support Educators and Families (2 hours)**

Learn what healthy sexuality looks like in young children and how to support children's growth. Understand why sexual development is a critical part of physical, cognitive, and social-emotional development. Participate in brainstorming and role-play to develop and practice strategies to hold more confident discussions about these topics with children, families, and staff.

### **Prescriptions for Preventing Power Struggles (2.5 hours)**

In this session, participants will discuss the definition of power struggles and the many practices that they can utilize to prevent power struggles. They will examine their own backgrounds so that they can understand how their own thinking might make them more susceptible to being in a power struggle. We will also talk about the importance of forgiving yourself when you make mistakes or happen to get pulled into a power struggle.

### **Music with "Mila": Meeting the Needs of the Whole Child**

Whether it's Beethoven, Louis Armstrong, Katie Perry, or Kids Bop radio, music invokes an emotion, a thought, a sense of self in all of us. In this session you will discover the creativity within yourself, understand the importance of music in early childhood, and gain tools and techniques that can be incorporated into ANY classroom environment. COME PREPARED TO SHAKE, RAP AND INTERACT!!!

### **The Importance of Early Experiences!**

Featured Speaker

During this session Lisa will identify the seven things we need to do with children each day. These seven things make up the foundation that supports the house of higher learning. There is nothing wrong with the "academic" expectations within this house: reading, writing, math... the trouble is that many early childhood educators are being pressured to build a house where there is no foundation. You do not need to be an architect to know that if you build where there is no foundation, the house will come crashing down! Playing is "getting them ready" and through an investigation of each of the "seven things," Lisa shows you how. By making time to create, move, sing, discuss, observe, read and play - we are getting children ready not just for kindergarten, but for life!

### **Moving Beyond the Pressures: Still Teaching in the Key of Life!**

Featured Speaker

Every day in ways rarely noted, teachers of all subjects and grade levels, in every town and city of this country, demonstrate the meaning of love. Participants in this interactive workshop will move beyond the pressures of standardized education to boldly reclaim the creativity, spontaneity, and the joy of teaching and loving children. As noted by Theodore Roethke, "Teaching is one of the few professions that permits love." If you believe in loving & honoring children, providing music, movement, arts-rich playful experiences, and encouraging children to actively participate in their own learning process – this total participation session is for YOU!

### **Changing the Way We See Behaviors: Becoming Trauma Competent (2.5 hours)**

Did you ever wonder why the children in your care exhibit all types of behaviors? In this session, you will learn how to see behaviors through the lens of trauma by increasing your awareness of the many meanings behind those behaviors. This change in vision will allow you to become a trauma competent caregiver by understanding how trauma is experienced and the importance of connection.

methods that might be more engaging to males.

### **Working Through Ethical Dilemmas in the Early Childhood Profession (Part 2)**

What are professional ethics and why do we need them? This interactive session will dive into the NAEYC Code of Ethical Conduct and how to utilize it to resolve ethical dilemmas. Participants will discuss the responsibilities of an early childhood educator when navigating ethical issues and the process for making decisions that are respectful and supportive to all involved. Come ready to engage in problem solving dilemmas you face each day.

### **Active Learning in an Infant Toddler HighScope Classroom**

Through hands-on experiences and discussions, participants in this session will be introduced to HighScope and the five ingredients of Active Learning that is at the very center of all classrooms.

### **You're a Professional! Understanding the Attributes of the Early Care and Education Professional and the Profession**

The conversation starts with us! Participants will define and discuss the characteristics of an early childhood professional and the core values we are committed to uphold. Discover how to utilize the code of ethical conduct and develop an advocacy stance for the profession. Learn how to build a supportive network through professional organizations that elevate the valuable work we do.

Friday, April 25th 5:00 PM - 6:30 PM

Featured Speaker

### **Music, Movement and Rhymes: Arm Yourself with Classroom Management and Instructional Strategies**

Songs and rhymes can be useful tools for teachers. Not only can they provide opportunities for active learning experiences and creativity, they can also be great classroom management strategies. Experience "live" children's music with a contemporary sound, while exploring the benefits of intentionally planning music, movement, and rhymes. Get turned-up for the Pre-K Nae Nae and the Do 3 with Me competition!

Friday, April 25th 5:00 PM - 6:00 PM

Featured Speaker

### **Guiding Change: Let's Talk!**

With growing evidence about the critical importance of the first five years of life, the imperative to professionalize the early childhood education field has never been greater. This session will engage participants in structured conversations about what has – and hasn't changed over the past 12 years. What leadership approaches and systems thinking skills are not applicable to ECE's challenges? What guiding principles should be developed to support the field's decision-making? This session will engage participants in spirited discussion to deepen their thinking about ECE's adaptive and systemic challenges.